

**GLOUCESTERSHIRE ACTION FOR  
REFUGEES AND ASYLUM SEEKERS**



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## **JOB DESCRIPTION**

**Job Title:** COUNSELLOR/PSYCHOTHERAPIST  
**Responsible to:** The Clinical Lead, the Director  
**Responsible for:** Providing clinical services to Adults

### **1. MAIN RESPONSIBILITIES:**

1.1 To provide a culturally sensitive psychological therapy service to refugee and asylum seeking people in the Gloucester area. The post holder will mainly deliver sessions at GARAS in Gloucester.

1.2 To provide a professional service to people who have experienced massive losses, exile, torture, rape and physical and sexual abuse and the problems accompanying readjustment to host countries and waiting in the immigration system.

1.3 To undertake where appropriate, correspondence with clients, GP's and other health care professionals.

1.4 To record and file all appropriate data.

### **2. COUNSELLING/PSYCHOTHERAPY/PSYCHOLOGICAL THERAPY**

2.1 To undertake assessments of clients

2.2 Where appropriate, to liaise with clinical lead and advice workers at GARAS to provide clients with accurate information on other sources of support

2.3 To offer individual and potentially group sessions as agreed with GARAS, four/five clinical sessions per week, one admin, one meeting.

2.4 To attend regular monthly supervision sessions which will be provided by GARAS, and weekly lunchtime business/peer supervision meetings with the clinical lead and other therapists.

2.5 To adhere to GARAS's policies and procedures and your professional body's guidelines and code of ethics.

### **3. MONITORING & EVALUATION**

3.1 To maintain appropriate session notes and to ensure the completion of the necessary forms for monitoring information.

3.2 To ensure that the client is involved in the monitoring process, through the use of the appropriate monitoring forms.

### **4. GENERAL**

4.1 In conjunction with GARAS and the therapy team, to promote the service to relevant professionals and agencies to ensure a consistent flow of appropriate referrals.

4.2 To attend when required any training relevant to the post.

4.3 To liaise with the GARAS Team, health and social care professionals where appropriate.

4.4 To liaise with other organisations and professionals involved with refugees and asylum seekers such as the immigration service.

4.5 To write reports and letters to support people in their applications for asylum.