



THE TRUST CENTRE
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PERSON SPECIFICATION

Counsellor/Psychotherapist (working with adults)

ESSENTIAL

TRAINING & QUALIFICATIONS

- To have successfully completed an accredited training at diploma level or above with a validated counselling or psychotherapy training.
- BACP/UKCP/BPC registered counsellor or psychotherapist or other appropriate professional membership.
- To have a commitment to continuing professional development.

SKILLS, ATTRIBUTES AND KNOWLEDGE

- A knowledge and awareness of the issues facing refugee and asylum seeking men, women and young people, including the high levels of social deprivation and poverty.
- Ability to work with trauma, complex trauma and post traumatic stress disorder .
- Ability to deliver accessible services in a community setting and to appreciate and respect diversity and difference.
- A commitment to anti-discriminatory practice.
- To be willing to contribute to the development of the refugee and asylum seeker counselling/psychotherapy service.

- To have the ability to maintain accurate records and data for monitoring purposes.
- To be able to undertake appropriate administrative tasks.
- To have good written and verbal communication, negotiation and interpersonal skills, able to build good working relationships with people at all levels within the organisation.
- To have a professional approach to counselling and psychotherapy and to be able to maintain appropriate boundaries within a cultural context.

EXPERIENCE

- To have a minimum of two years post qualifying experience of working in a clinical role with one of the following client groups: refugees and asylum seekers; people from a range of ethnically diverse cultural backgrounds; mental health service users.
- To have experience of working with people with complex trauma and PTSD.
- To be in, or to have been in, individual counselling or individual or group psychotherapy for an appropriate period of time.
- Experience of time-limited and longer-term work with clients.
- Experience of working with groups.
- To have experience of delivering services within an equalities framework.
- Ability to work within a trauma based psychological model

DESIRABLE

- Experience of working with people where English is not their first language,
- Experience of working with interpreters.
- Experience of working with groups, couples and families.