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## **PERSON SPECIFICATION**

### **Counsellor/Psychotherapist/Psychological Therapist (working with young people)**

#### **ESSENTIAL**

#### **TRAINING & QUALIFICATIONS**

- To have successfully completed an accredited training at diploma level or above with a validated counselling/psychotherapy or psychological therapies.
- BACP/UKCP registered counsellor or psychotherapist or other appropriate professional membership.
- To have a commitment to continuing professional development.

#### **SKILLS, ATTRIBUTES AND KNOWLEDGE**

- A knowledge and awareness of the issues facing refugee and asylum seeking men, women and particularly young people, including the high levels of social deprivation and poverty.
- Ability to work with trauma/complex trauma and post traumatic stress disorder .
- Ability to deliver accessible services in a community setting and to appreciate and respect diversity and difference.
- A commitment to anti-discriminatory practice.

- To be willing to contribute to the development of the refugee and asylum seeker counselling/psychotherapy service.
- To have the ability to maintain accurate records and data for monitoring purposes.
- To be able to undertake appropriate administrative tasks.
- To have good written and verbal communication, negotiation and interpersonal skills, able to build good working relationships with people at all levels within the organisation.
- To have a professional approach to counselling, psychotherapy, psychological therapies and to be able to maintain appropriate boundaries within a cultural context.

#### **EXPERIENCE**

- To have a minimum of two years post qualifying experience of working in a clinical role with young people, and with people from culturally diverse backgrounds.
- To have experience of working with people with complex trauma and PTSD.
- To be experienced in carrying out Assessments
- To be in, or to have been in, individual counselling or individual or group psychotherapy for an appropriate period of time.
- Experience of time-limited and longer-term work with clients.
- To have experience of delivering services within an equalities framework.

#### **DESIRABLE**

- Experience of working with groups
- Experience of working with Refugees and Asylum Seekers
- Experience of working with people where English is not their first language,

- Experience of working with interpreters.
- Ability to work within a trauma based psychological model e.g EMDR, trauma focused CBT.